

Marcus Whitman Athletics Winter 2021-2022 Parent Information Session



Objective

Whitman Athletics is considered an extension of the classroom and part of the educational process.

Well Being of Student Athlete is Priority Learn to Compete Enjoy the Experience Build Relationships Exhibit Pride & Build Life Skills



Start Dates

Modified Swimming October 25th

Modified Basketball November 1st

All other Modified/JV & Varsity November 15th



Practice Locations & Times

Cheerleading – Valley Primary Gym Swimming – HS Pool **Bowling** – Roseland Bowl Wrestling – MW Wrestling Room & Penn Yan Academy Indoor Track – HS Halls, BOCES Gym, New 2nd Floor Modified Basketball – MS Gym JV & Varsity Basketball – HS Gym Hockey – Geneva Ice Rink

Practice Times will be listed on School Website



Registration

Family ID

Link found on school website under 'Athletics' Tab

Current Physical on File with Mrs. Rohring



Program Design

Three Levels of Competition Offered (Winter)

Modified – Grades 7 & 8 Junior Varsity – Grades 9 & 10 Varsity - 11 & 12



Modified Sports

Includes Grades 7 & 8

Build Skills, Knowledge & Strategies in the Sports

Emphasis on Good Sportsmanship

Equitable Playing Time

Cuts are possible due to potential team size challenges



Junior Varsity Sports

Continued Emphasis on Skill Development

Emphasis on Good Sportsmanship along with more advanced Team Strategy/Tactics

Competitiveness Grows at this level

Playing not equal across players - based on skills, performance, work ethic & factors controlled by the student-athlete.

Cuts are possible at this level



Varsity Sports

Emphasis on Competitiveness, Winning, Team Concept & Understanding Roles on a Team

Continued Emphasis on Good Sportsmanship

Team Strategies/Tactics become more advanced & focused on finer details

Playing Time is not guaranteed & not equal at this level.

Cuts are more likely at this level



Communication **Student Athlete & Coach Include Parent(s) Include Athletic Director Include Principal Include Superintendent Include Board of Education**



Communication

Items open to discuss with Coach * Ways Student Athlete can improve their skills * Well-being of Student Athlete * Behavioral Concerns * Schedules

Items NOT open to

discuss with Coach

* Playing Time

* Position on the Team

* Team Strategy

* Other Student Athletes

24 Hour Rule



Attendance

Student Athlete must be in school in order to participate that day unless legally excused

If absent from school, Student Athlete cannot participate in that day's game or practice unless he/she has a legal written excuse

Legal excuses include: Dr.'s Appt., Dentist, Driver's Test, College Visit, etc....



Academic Eligibility

Student First → Athlete Second Weekly Averages Determine Eligibility

<u>Warning List</u> 2 Weeks Grade below 64 Ineligible

Grade below 64

Meet w/ Teacher during 10th

Can still fully participate in Practices & Games Meet w/ Teacher during 10th

Practice Only

Attend Games but not dress



Athletic Code/Policy

Abstain from use of:

Alcohol Drugs Vape Juul E-Cigs Other Illegal Substances



Athletic Code/Policy

Penalty for Violation

1st Incident = 25% Suspension from Scheduled Contests

2nd Incident = 50% Suspension from Scheduled Contests

3rd Incident = Determination by Athletic Review Board

Also involve School Counselor to support student



Athletic Code/Policy

Self Referral May Reduce Penalty on 1st Incident

If Out of Season, Volunteer Project Option may reduce Penalty

Penalty does carry into next season if not fulfilled

Athletic Code aligns with School Student Codes of Conduct



Concussions

Student Athlete Health & Safety is Top Priority

Head Injury

if suspected, coaches have been directed to remove Student-Athlete from practice or contest

Strict Protocol to follow is Concussion is suspected

Work in conjunction w/ our School Physician



Student Athlete Health & Safety is Top Priority

Positive Test

Return to Play process in order to resume sports

If quarantined, but negative, student may return to sports immediately following quarantine

Work in conjunction w/ our School Physician



Athletic Trainer

Rochester Regional Health

Certified Trainer on site 2x/week

Serves all Student-Athletes

Present for Varsity level contests for Soccer & Football



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#PRIDEinthePaw





whitmanwildcatathletics



Marcus Whitman Wildcats Athletics